



2024 ONE PAGE RULES DOCUMENT

THESE RULES SHOULD BE READ AND APPLIED IN CONJUNCTION WITH LOCAL RULES & BY-LAWS



MATCH DURATIONS – MINIMUM/MAXIMUM PLAYERS

| Age Group | Format | Duration | Min. players on Field | Max. players on Field | Minimum Game Time | DH & FR Vest Rotation |
|--------------------|------------------------------|-------------|-----------------------|-----------------------|-------------------|-----------------------|
| U6 -U7 | Tag (U6) / Tackle Ready (U7) | 4 x 8mins | 4 | 6 | 2 x quarters | N/A |
| U8 – U9 | Tag / Tackle | 4 x 8mins | 6 | 8 | 2 x quarters | Each quarter |
| U10 – U11 | Tackle | 2 x 20mins | 8 | 11 | 1 x half | Each half |
| U10 – U12 | Tag | 2 x 20mins | 6 | 8 | 1 x half | N/A |
| U12 | Tackle | 2 x 20mins | 11 | 13 | 1 x half | Each half |
| U12 - Female | Tackle | 2 x 20mins | 11** | 13 | 1 x half | Each half |
| U13 – U15 - Male | Tackle | 2 x 25mins | 9 | 13 | N/A | N/A |
| U13+ | Tag | 2 x 25mins | 8 | 11 | N/A | N/A |
| U14 – U18 - Female | Tackle | 2 x 25mins | 9** | 13 | N/A | N/A |
| U16 – U21 - Male | Tackle | 2 x 30mins | 9 | 13 | N/A | N/A |
| Open Age | Tackle | 2 x 40mins* | 9 | 13 | N/A | N/A |
| Open Age - Female | Tackle | 2 x 30mins* | 9** | 13 | N/A | N/A |

In all competitions, once a team has the minimum number of players available to play, they **MUST** take the field.

* Open Age match durations may be set by Local Leagues. Refer to local Competition By-Laws.

** Female tackle may be played 11-a-side (minimum 9 players on the field) – please check your Local League for clarification.
Half time is a maximum 10 minutes, whistle to whistle in all Junior International and Senior matches.

MERCY RULE

60 points differential in ALL age groups
GAMES **SHOULD STOP AT MERCY**
Coaches may decide to continue play after MERCY differential is reached, if it is safe to do so, but no further scores will be recorded.

Both Coaches must agree for play to continue.

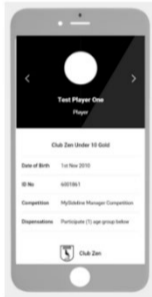
SEND-OFFS

Permanently dismissed players must immediately retire to the teams dressing room or an area outside the playing area.
The player must not re-enter the playing area under ANY circumstances and will be deemed as a spectator.

PLAYERS PLAYING UP

CANNOT wear a vest (in U8-U12)
CANNOT take the field before a correct aged player
CANNOT take a conversion attempt before a correct aged player (Mod)
MUST have a Playing Up Form completed.

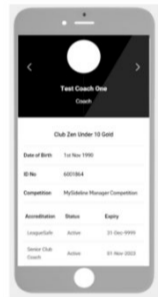
PLAYER / TEAM STAFF IDENTIFICATION



PLAYER ID

All players and team staff should present to the Ground Manager no later than 15 minutes prior to kick off and present **MYSIDELINE MANAGER** Identification Cards. All players must have an identification card to be able to play in any match (NO CARD-NO PLAY) and all team staff should be able to show their identification as well as their age appropriate accreditation.
Ground Managers should ensure that all team staff accreditations are current and that the minimum SPORTS TRAINER requirements have been met prior to kick off.

No person should be allowed inside the ropes without a player card or team staff accreditation.



TEAM STAFF ID

SPORTS TRAINERS – NRL ON-FIELD POLICY

GROUND MANAGER MUST

- Check minimum requirement for game (as per table below).
- Check Sports Trainers accreditation using MySideline.
- Ensure Sports Trainer has signed the Sign on Sheet.

IF THE MINIMUM REQUIREMENTS CANNOT BE MET THEN THE GAME CANNOT START

| AGE | MINIMUM PERSONNEL FOR CONTACT RUGBY LEAGUE | MINIMUM PERSONNEL REQUIRED FOR LEAGUE TAG | MINIMUM ACCREDITATION REQUIRED |
|---------|--|--|--|
| U6-U7 | 1 First Responder for up to 4 matches being played on an International Field | 1 First Responder for up to 4 matches being played on an International Field | League First Aid, or NRL Level 1 Sports Trainer, or NRL Level 2 Sports Trainer |
| U8-U9 | 1 First Responder for up to 3 matches being played on an International Field | 1 First Responder for up to 3 matches being played on an International Field | |
| U10-U12 | 1 First Responder for each MATCH | 1 First Responder for each MATCH | |
| U13-U15 | 1 First Responder for each TEAM | 1 First Responder for each TEAM | |
| U16+ | 1 First Responder for each TEAM | 1 First Responder for each TEAM | NRL Level 1 Sports Trainer, or NRL Level 2 Sports Trainer |

Max. 3 Sports Trainers per INTERNATIONAL team
Max. 2 Sports Trainers per MINI/MOD team

HIA / SUSPECTED CONCUSSION

Any player who is suspected to be suffering from or showing any sign or symptoms of a head injury or concussion must be removed from the field immediately and must **NOT** return to play under any circumstances.

HIA must be written next to the players name on Sign on Sheet.
Sports Trainer to complete the **HIRR** Form (online or paper copy) and give to player/carer.

UNOFFICIAL TOUCH JUDGE

Should the use of **UNOFFICIAL TOUCH JUDGES** be sanctioned by the local League, **UNOFFICIAL TOUCH JUDGES** should be informed that their only responsibility is to put their flag up and indicate the point where:

The ball or a player crosses the sideline or for a successful conversion.
(Minimum age requirement is 14 years).

SIGN ON SHEETS

The **GROUND MANAGER** should ensure:

- Sign on Sheets have been completed correctly.
- All Team Staff / Match Officials have signed the sheets.
- Scores match on both home and away sheets.

Any player removed from the field with a **SUSPECTED HEAD INJURY** is noted on the Sign on Sheet as **HIA**.

NSWRL CLUB HUB RESOURCE CENTRE



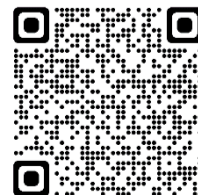
NSWRL POLICIES & PROCEDURES MANUAL



NSWRL ONLINE CODE OF CONDUCT REPORT



NRL POLICIES



NRL LAWS OF THE GAME



CONCUSSION ONLINE REPORT

